

# PROMOTIONAL EVALUATION



2nd Dan to 3rd Dan

Test Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Belt Size: \_\_\_\_\_  
 Test Fee: \_\_\_\_\_ Paid: Yes \_\_\_ No \_\_\_ Monthly Dues Paid: Yes \_\_\_ No \_\_\_

In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances.

Any Physical Problems: \_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent / Guardian Signature

Patterns (Tul)                  Power \_\_\_\_\_                  Stance \_\_\_\_\_                  Technique \_\_\_\_\_

_____	_____	_____
_____	_____	_____
_____ Eui-Am	_____ Choong-Jang	_____ Juche

Kicks (Chagi)

Right Leg

Left Leg

Kicks (Chagi)	Right Leg	Left Leg
Kicks from the ground		
Flying Pick-shape Kick		
Flying Double Kicks with a Hand Technique		
Flying Two Consecutive Kicks with a Hand Technique		
Flying Two Combination Kicks with a Hand Technique		
Mid-air 180° Reverse Turning Kick		
Mid-air Double 180° Back Piercing Kick		
Mid-air 360° Reverse Hook Kick (offensive)		
Mid-air Two Consecutive Kicks		
Mid-air Two Combination Kicks		

Sparring

Free Sparring

Self-Defense

(Matsoki)	(Jayoo Matsoki)	(Ho-sin-sul)
_____ Prearranged Free Sparring	_____ Guard	
_____ 1 Step - Advanced	_____ Movement	_____
	_____ Combinations	

Breaking (Wiryok Sibum)

MEN

Hands

\_\_\_\_\_ 3 tiles Downward strike with the back fist, or downward strike with the reverse knifehand

\_\_\_\_\_ 5 tiles Downward strike with the knife-hand

Feet (power)

\_\_\_\_\_ 4 boards Front snap kick, turning kick, or side thrusting kick

\_\_\_\_\_ 6 boards Side piercing kick

Feet (technique)

\_\_\_\_\_ 3 boards - one target Flying twin foot front snap kick, or flying twin foot side piercing kick

\_\_\_\_\_ 1 board - two targets Flying double kicks, flying two combination kicks, or flying two consecutive kicks

Women

Hands

\_\_\_\_\_ 1 suspended board with front punch with the forefist, side strike with the back fist, or inward strike with the reverse knife-hand

\_\_\_\_\_ 2 tiles Downward punch with the forefist, downward strike with the back fist, or downward strike with the reverse knife-hand

\_\_\_\_\_ 3 tiles Downward strike with the knife-hand

Feet (power)

\_\_\_\_\_ 3 boards Front snap kick, turning kick, or back piercing kick

\_\_\_\_\_ 4 boards Side piercing kick

\_\_\_\_\_ 1 suspended board Twisting kick, stepping hook kick, reverse hook kick

Feet (technique)

\_\_\_\_\_ 2 suspended boards with any standing kick

\_\_\_\_\_ 2 boards - one target Flying twin foot front snap kick, flying hook kick, or 180° reverse hook kick

\_\_\_\_\_ 17.5 years or age or older

\_\_\_\_\_ 40 Hours Community Service or Project

\_\_\_\_\_ 30 months Active Training

\_\_\_\_\_ 3 Tournaments - compete or officiate

Appearance: ( ) Uniform ( ) Belt ( ) Patches ( ) Other

Comments: \_\_\_\_\_

Pass \_\_\_\_\_ Probation \_\_\_\_\_ New Rank \_\_\_\_\_

Instructor \_\_\_\_\_ Examiner \_\_\_\_\_