

# PROMOTIONAL EVALUATION



3rd Gup to 2nd Gup  
Red Stripe to Red Belt

Test Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Belt Size: \_\_\_\_\_  
 Test Fee: \_\_\_\_\_ Paid: Yes \_\_\_ No \_\_\_ Monthly Dues Paid: Yes \_\_\_ No \_\_\_

In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances.

Any Physical Problems: \_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent / Guardian Signature

Patterns (Tul)      Power \_\_\_\_\_      Stance \_\_\_\_\_      Technique \_\_\_\_\_

Toi-Gye

### Kicks (Chagi)

#### Right Leg

#### Left Leg

I-Jung-Chagi		1.	_____
double kicking		2.	_____
		3.	_____
Twimyo-Chagi	jump	1.	_____
flying & jump kicks	jump	2.	_____
L-stances	flying	3.	_____
	flying	4.	_____

### Yaksok Matsoki

### Break (Wiryok Sibum)

<input type="checkbox"/> Sambo — Foot Attacks / Foot Blocks	_____ 180° Reverse Turning Kick
<input type="checkbox"/> Ilbo — 1 step sparring	_____ 1 board suspended, Adult
<input type="checkbox"/> Pre-arranged sparring 2 techniques each = 1 set 4 sets total	_____ 180° Back Kick 2 boards, Junior

### Self-Defense

- 1 Throw against a turning kick  
 1 Throw against an inward knife-hand strike  
 1 Throw against a double front choke  
 1 Throw against a side piercing kick

Appearance     Uniform     Belt     Patches     Other

Verbal (    )

Sparring (Jayoo Matsoki)

- Guard  
 Movement  
 Combinations

Pass \_\_\_\_\_

Probation \_\_\_\_\_

New Rank \_\_\_\_\_

Instructor \_\_\_\_\_ Examiner \_\_\_\_\_