

# PROMOTIONAL EVALUATION



3rd Dan to 4th Dan

Test Date: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Belt Size: \_\_\_\_\_  
 Test Fee: \_\_\_\_\_ Paid: Yes \_\_\_ No \_\_\_ Monthly Dues Paid: Yes \_\_\_ No \_\_\_

In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances.

Any Physical Problems: \_\_\_\_\_

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent / Guardian Signature

Patterns (Tul)      Power \_\_\_\_\_      Stance \_\_\_\_\_      Technique \_\_\_\_\_

_____	_____	_____
_____	_____	_____
_____ Sam-Il	_____ Yoo-Sin	_____ Choi-Yong

Kicks (Chagi)

Right Leg

Left Leg

Kicks (Chagi)	Right Leg	Left Leg
Waving Kick		
Mid-air 360° Double Back Piercing Kick		
Flying 360° Reverse Turning Kick		
Flying Triple Kicks		
Flying Consecutive Kicks	1	
	2	
	3	
Flying Combination Kicks	1	
	2	
	3	

Sparring (Matsoki)	Free Sparring (Jayoo Matsoki)	Self-Defense (Ho-sin-sul)
_____Foot technique Sparring	_____Guard	
_____1 Step - Advanced	_____Movement	_____
	_____Combinations	

Breaking (Wiryok Sibum)

MEN

Hands

- \_\_\_\_\_4 tiles Reverse knifehand or Backfist  
 \_\_\_\_\_6 tiles Downward strike with the knife-hand

Feet (power)

- \_\_\_\_\_7 boards Side piercing kick  
 \_\_\_\_\_6 boards Mid-air 180° Back Piercing Kick  
 \_\_\_\_\_5 boards Mid-air 360° Back Piercing Kick  
 \_\_\_\_\_4 boards Twisting, Stepping Hook or Reverse Hook

Feet (technique)

- \_\_\_\_\_3 boards Any standing kick with suspended board  
 \_\_\_\_\_3 boards each - two targets Flying twin foot front snap kick, turning kick, or side piercing kick  
 \_\_\_\_\_4 boards - one target Flying twin foot front snap kick, turning kick  
 \_\_\_\_\_2 boards each - two targets Flying Double, Consecutive (2) or Combination (2) kicks  
 \_\_\_\_\_1 board each - three targets Flying double kick with hand, flying consecutive or combination (2) kick with hand or flying consecutive or combination (3) kick

Women

Hands

- \_\_\_\_\_3 tiles Punch, Backfist, or Reverse knifehand  
 \_\_\_\_\_4 tiles Downward knifehand  
 \_\_\_\_\_2 boards punch, inward or outward knifehand with suspended board

Feet (power)

- \_\_\_\_\_6 boards Side piercing kick  
 \_\_\_\_\_5 boards Mid-air 180° or 360° Back Piercing Kick  
 \_\_\_\_\_4 boards Back Piercing Kick  
 \_\_\_\_\_3 boards Twisting, Stepping Hook or Reverse Hook

Feet (technique)

- \_\_\_\_\_2 boards with any flying or mid-air kick  
 \_\_\_\_\_2 boards - two targets Flying twin foot front snap kick, turning, or side kick  
 \_\_\_\_\_3 boards - one target Flying twin foot front snap kick, turning kick  
 \_\_\_\_\_1 board each - two targets Flying double, consecutive (2), combination (2) kick

\_\_\_\_\_ 19.5 years or age or older

\_\_\_\_\_ Thesis - 6 pages minimum

\_\_\_\_\_ 42 months Active Training

\_\_\_\_\_ 3 Tournaments - compete or officiate

Appearance: ( ) Uniform ( ) Belt ( ) Patches ( ) Other

Comments: \_\_\_\_\_

Pass \_\_\_\_\_ Probation \_\_\_\_\_ New Rank \_\_\_\_\_

Instructor \_\_\_\_\_ Examiner \_\_\_\_\_