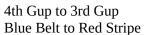
PROMOTIONAL EVALUATION





Blue Belt to Red Stripe	Test 1	Test Date:			Ho!
Name:Address:	Paid: Vos. No.	ge: Heig Phone:	ht: Weig	ght: Belt Size: id: VosNo	-
Address: Phone: Belt Size: Test Fee: Paid: Yes No Monthly Dues Paid: Yes No In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances. Any Physical Problems:					
Student Signature			Parent / Guardian Signature		
Patterns (Tul) Joong-Gun	Power	Stance		Cechnique	
Kicks (Chagi)		Right Leg		Left Leg	
Naeryo-Chagi downward kick					
180° Suroh-Chagi 180° floor sweep					
Bituro-Chagi twist kick-middle secti	on				
360° Bandae-Goro-Cha 360° reverse hook kick					
Yaksok Matsoki		Break ((Wiryok Sibum)		
() Sambo — Hand Attacks, Foot Blocks			1) Hand Technique (2 boards)		
() Ilbo — Intermedi	ate		3) Vert	ical kick (1 board)	
Self-Defense	full poleon from the year				
() Defend against a() Defend against a() Defend against a() Defend against a	full nelson from the real bearhug (over the arms) bearhug (over the arms) single hair grab the from single hair grab from the down (attack) against a	from the rear from the front at e rear			
Appearance () Uniform () Belt () Patches () Other					
Verbal ()		Sparring (Jayoo () Guard () Movem () Combin	ent nations	Pass Probation New Rank	
Instructor		Exan	niner		