

PROMOTIONAL EVALUATION



9th Gup to 8th Gup
Yellow Stripe to Yellow Belt

Test Date: _____

Name: _____ Age: _____ Height: _____ Weight: _____
 Address: _____ Phone: _____ Belt Size: _____
 Test Fee: _____ Paid: Yes ___ No ___ Monthly Dues Paid: Yes ___ No ___

In consideration that there may be a risk involved at the test, I hereby release the President, Master Instructor, Instructors, Members, and authorized guest from all responsibilities and all claims for injuries I may receive while taking this test. I agree that the testing fee is not refundable under any circumstances.

Any Physical Problems: _____

Student Signature

Parent / Guardian Signature

Patterns (Tul) Power _____ Stance _____ Technique _____

Chon-Ji

Kicks (Chagi)

Right Leg

Left Leg

Dollyo-Chagi
turning kick

Dwitcha-Jirugi
back piercing kick

Twimyo-Ap-Chagi
jump front kick

Yaksok Matsoki

Break (Wiryok Sibum)

() Sambo — three step sparring w/ partner
walking stance 2-way

Side kick _____ 2 boards, Adult
Front snap kick _____ 1 board, Junior

Self-Defense

() 1 Release from a double grab to the lapel
 () 1 Release from a double grab to the wrist
 () 1 Joint attack from a double-handed choke

Appearance () Uniform () Belt () Patches () Other

Verbal ()

Sparring (Jayoo Matsoki)
 () Guard
 () Movement
 () Combinations

Pass _____
 Probation _____
 New Rank _____
 Pass _____

Instructor _____ Examiner _____